Let It Flow: Acrylic Pour Painting

Supplies

* Acrylic paints
* Pouring medium (Floetrol, Liquitex, Elmer’s Liquid Glue)
* Plastic cups to hold paint
* Popsicle sticks for mixing paint and pouring medium
* Canvases
* Table cover to protect the area you’re working in
* Drying area
* Paper towels
* Water

Instructions

1. Premix your acrylic paints and pouring medium (general ratio: 1 part paint to 2 parts pouring medium). Consistency should be like pancake batter.
2. Puddle pour technique: Pour puddles of paint onto your canvas, layering the colors to your liking. Tilt the canvas to meld the colors and create patterns.
3. Swipe technique: Pour two or three colors onto your canvas anywhere you’d like. You can create a pattern or pour in puddles. Add a thin line of another paint color anywhere you’d like. Use a damp paper towel to swipe across your canvas.
4. Allow your painting to dry.

Bonus: Create patterns or use colors that remind you of the ocean.