## Activity 1: Seeds of Change

Unite in efforts to improve the environment, invite pollinators to your garden, and create native ecosystems by planting Kansas native plant seeds in your garden. Or, bring a little color and different textures to your outdoor living space by planting native seeds in containers.

### Supplies

* Kansas native plant seeds
* garden or potting soil
* water

### Instructions

Follow the planting instructions on the seed backage to get the right spacing and depth. Most packaging will often have the best planting and growing season listed to get the best results.

### Resources

* Buffalo Seed Company Native (Kansas) Wildflower Set - <https://www.thebuffaloseedcompany.com/product/native-kansas-wildflower-set-20-100-seeds-of-each-/99>
* Fehy Farm Seed Company Wildflower Mixes - <http://www.feyhfarmseed.com/varieties.html>
* Kansas Native Plant Society - <https://bit.ly/440AhfS>
* K-State Research and Extension Offices - <https://www.ksre.k-state.edu/>

We recommended contacting the extension office if you have questions about what plants to use and what might be considered invasive. There are other seed options available, but many other companies add seeds for plants that are not native to Kansas.