## Activity 1: Ocean Soap Foam

This is a fun, slightly messy sensory activity perfect for kids to dive their hands into. Add ocean animals and fake aquarium plants to make it more creative play. You’ll probably have most of these supplies in your cupboards, with the exception of the toys and plants.

### Supplies

* 1/4 cup of warm water
* 2 tbsp dish soap
* 2 tbsp cornstarch (or corn flour)
* blue food coloring or liquid watercolors
* blender (or hand mixer)
* bin
* ocean animal toys (optional)
* fake aquarium plants (optional)

### Directions

1. In the blender, add the water, dish soap, cornstarch and food coloring.
2. Blend on high speed until stiff peaks form. \*Note: Depending on the type of soap, etc., you may need to adjust the measurements. The cornstarch is what helps stiffen it up, so if it is too watery, add more cornstarch and dish soap.
3. Pour the soap foam into a container and add the ocean animals and aquarium plants.
4. Place a container of water for rinsing off the animals next to it.

Courtesy of [Views from a Step Stool](https://viewsfromastepstool.com/ocean-soap-foam-sensory-play/)