## Activity 2: Friendship Trail mix

Make your own trail mix to share with friends. Add your own ingredients to really make it your own but if sharing with friends, check to see if they have any allergies.

### Supplies

* mixing bowl
* spoon
* airtight container (mason jars are great)
* ribbon, markers, stickers for decoration (optional)

### Possible Ingredients

* nuts (pecans, walnuts, cashews, almonds, peanuts, pepitas, sunflower seeds)
* dried fruit (raisins, dried cranberries, banana chips, dried pineapple, yogurt raisins, dried mango)
* chocolate/Candy (chocolate chips, Reese’s pieces, M&Ms, peanut butter chips, butterscotch chips, mini-Reese’s peanut butter cups)
* other (Chex cereal, mini marshmallpows, popcorn, pretzels, sesame sticks)

### Instructions

1. Add your selected ingredients in a mixing bowl.
2. Stir to mix all ingredients.
3. Once combined, spoon into containers and affix the lid. (You could use Ziploc baggies or snack bags also.)
4. Decorate container if desired.