## Activity 2: Classic Friendship Bracelets

Simple and inexpensive project to share and exchange with friends! All you need is embroidery floss and a safety pink (or clipboard or masking tape).

### Candy Stripe Bracelet

#### Supplies

* Safety pins or tape
* Embroidery floss in four colors
* Scissors
* Ruler

#### Instructions

1. Cut four strands of embroidery floss about 36 inches long.
2. Tie a knot a couple of inches from one end of the strands of floss.
3. Secure with: a safety pin through the middle of the knot into a pillow or sofa cushion; tape to a flat surface; or clip to a clipboard.
4. Pick up one strand of floss furthest to the left and place it over the next strand (strand A) creating a “4”.
5. Pull the end of the working strand through the loop and pull up creating a knot. (This knot is called to the forward knot.)
6. Take the same strand you made the knot with and make knots on the next two strands to the right.
7. Take strand A, now the furthest to the left, and repeat the process of making knots across the next three strands.
8. Repeat the process with each new left-hand strand, working your way across the bracelet until you reach the desired length.
9. Tie a knot to finish the bracelet.

### Chevron Pattern

#### Supplies

* Embroidery floss in four colors
* Safety pin or tape
* Scissors
* Ruler

#### Instructions

1. Cut 72-inch lengths of each of the four colors.
2. Fold the strings in half and tie a knot in the folded end.
3. Starting with the outermost left-hand string, place it over the next strand, creating a “4”.
4. Pull the end of the working strand through the loop and pull up creating a knot (forward knot).
5. Continue making knots on the next two strands until you reach the middle.
6. Then, using the outermost right-hand string, place it over the string to the left creating a backward “4”.
7. Pull the end of the working strand through the loop and pull up creating a knot (backward knot).
8. Continue making knots on the next two strands to the left until you reach the middle.
9. To finish the point at the center of the chevron’s “V” shape, use the left-hand string to tie a forward knot around the right-hand string. (The two middle strands)
10. Continue making more rows but repeating steps 3-9 until you get to the length you want.

Pattern instructions adapted from [Sarah Maker](https://sarahmaker.com/how-to-make-friendship-bracelets/)